

ARCH, COAD and Chester County MHIDD, DHS present

Become a Certified Mental Health First Aider  
and Learn Risk Factors and Warning Signs

# YOUTH MENTAL HEALTH FIRST AID TRAINING FOR PARENTS

**Monday, May 15 & Monday, May 22, 2017**

**5-9:30pm PM at TESD District Office**

940 West Valley Road, Suite 1700, Wayne, PA

*Participants **must attend BOTH dates** to complete a total of 8 hours of training.*

Youth Mental Health First Aid is a new public education designed to teach everyday citizens the skills to help a young person who is struggling with a mental health concern or crisis. It is intended for adults and reviews the unique risk factors and **warning signs of mental health problems in adolescents ages 12-18** and emphasizes the importance of early intervention.

- Training is FREE
- Learn risk factors, warning signs
- Practice the Mental Health First Aid action plan.
- Learn local resources for mental health and substance use treatments.
- Receive a comprehensive, user-friendly 212 page manual and certification.



*Participants in a Mental Health First Aid course discuss signs and symptoms*

**SPACE IS LIMITED.** REGISTER via email to [ChescoMHFATrainings@gmail.com](mailto:ChescoMHFATrainings@gmail.com) with your name, session dates and cell phone number by MONDAY, MAY 8.

- Note that a pizza dinner will be provided both nights. Participants are encouraged to bring a beverage and snack.

Sponsored by ARCH. Presented by COAD Group and Chester County MHIDD, DHS.  
Questions can be directed to [ChescoMHFATrainings@gmail.com](mailto:ChescoMHFATrainings@gmail.com).

