

## Arch Meeting Minutes

April 19, 2017

TESD Administrative office

Attendees: Michelle Barton, Kristin Becket, Pattie Littlewood, Jeanne Braun, Mark Cataldi, Andrea Chipeco, Brad Zerr, Laura Doan, Kim Zahlaway, Tricia Jennings, Gwenn Mascioli, Debbie Riener

Treasurer's Report: Michele Barton. First quarter of 2017, two additional donations were received in the amount of \$1,250. ARCH contributed \$250 to CAPCO. Current Balance as of 3/31/17 is \$10,749.78.

First Report: Kim Zahlaway on the Technology & Kids: Negotiating Tech Dependency Presentation. Excellent presentation. Very interactive Audience was mostly elementary and middle school parents, with a large turnout from Hillside. Suggestions: provide the same presentation to other elementary schools, prior to presentation find out what that specific school is doing on the subject.

Challenge with the topic – there was so much information on the topic it was hard to narrow it down and allow time for questions.

Suggestion from meeting: Parents want to know what the district is doing on the topic; what language the kids are learning at school so the parents can use the same language at home.

Suggest: We keep readdressing this topic.

Presentation is aired on TETV 12pm daily and 7pm M/W/F

Second report: TESD Resiliency – Parent Lessons. Will be held at VFMS - Audion on Tuesday April 25 at 7:00 pm

Third report: Pattie Littlewood gave update on the upcoming FREE class, Youth Mental Health First Aid Training that will offered by the Chester County Health Department.

Youth Mental Health First Aid is a new public education designed to teach everyday citizens the skills to help a young person who is struggling with a mental health concern or crisis. It is intended for adults and reviews the unique risk factors and warning signs of mental health problems in adolescents ages 12-18 and emphasizes the importance of early intervention.

The dates are Monday May 15 and May 22 from 5:00-9:30 at TESD Admin offices. You need to attend both evenings. Pizza and snacks will be provided. Beth Quinn will be one instructor. They need to have 20 people to conduct the training.

Challenge: was the venue. Trying to find two consecutive weeks where offices were available. Gwenn will promote the course on the ARCH Facebook page and via email. Registration and information on the ARCH website and at [chescoMHFATtrainings@gmail.com](mailto:chescoMHFATtrainings@gmail.com).

The mental health topic was discussed last week and this week at the parent meetings at the high school. The CHS mental health specialists attended the parent meetings to give updates on the increase of activity during the months of April and May. In addition, they discussed the new Netflix series, 13 Reasons Why that was released the end of March. They provided talking points to parents to have discussions with your students about the series. This message is also being sent to the middle schools.

Fourth report: Mark Cataldi discussed a new required course that was just presented to the Education committee and was approved. This course will be given to juniors. It will be in the CHS program of studies for the 2018-2019 school year.

The course will be given during the junior year with the main goal being how to thrive after high school. Topics to include brain health , dealing with stress, how to advocate for yourself,... Look for more information over the summer months as this course unfolds...

Fifth report: Brad Zerr from Paoli Hospital discussed that Paoli Business Association would be a group we could contact to do joint events with Conestoga and Great Valley High School

### Transition Meetings:

HES	5/1	1:00	Kristin
NEES	5/4	8:00am	Kim
BES	5/8	1:00pm	Kim
DES	5/15	1:00pm	Tricia
VFES	5/30	1:00pm	Tricia
VFMS	5/22	7:00pm	Kristin
TEMS	5/25	7:00pm	Kristin

Sad but exciting news, Andrea Chipeco is retiring and her replacement is Chris Groppe. Welcome Chris. We will miss you Andrea.

The next meeting will be Wednesday, May 17<sup>th</sup> at 9:00 am.