

Negotiating Their Tech Dependency



Technology & Kids: Empowering Parents
March 29, 2017

Before we leave tonight....

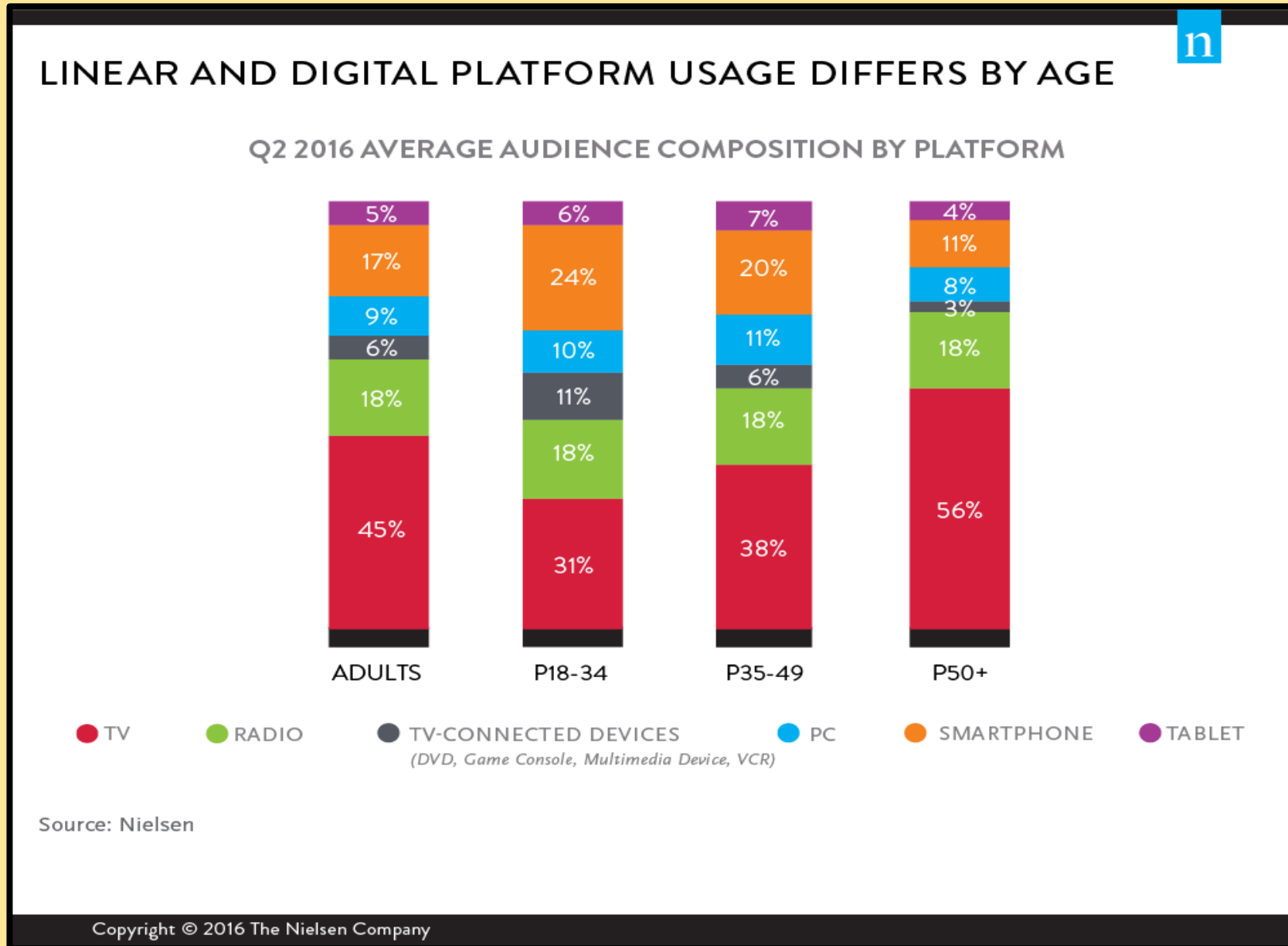


- We will recognize and embrace our connected-culture reality.
- We will become familiar with the strengths and characteristics of our Generation Z children.
- We will learn of the TESD Digital Citizenship curriculum and reinforce it at home.
- We will resolve to implement rules and ideas for safe use of devices.

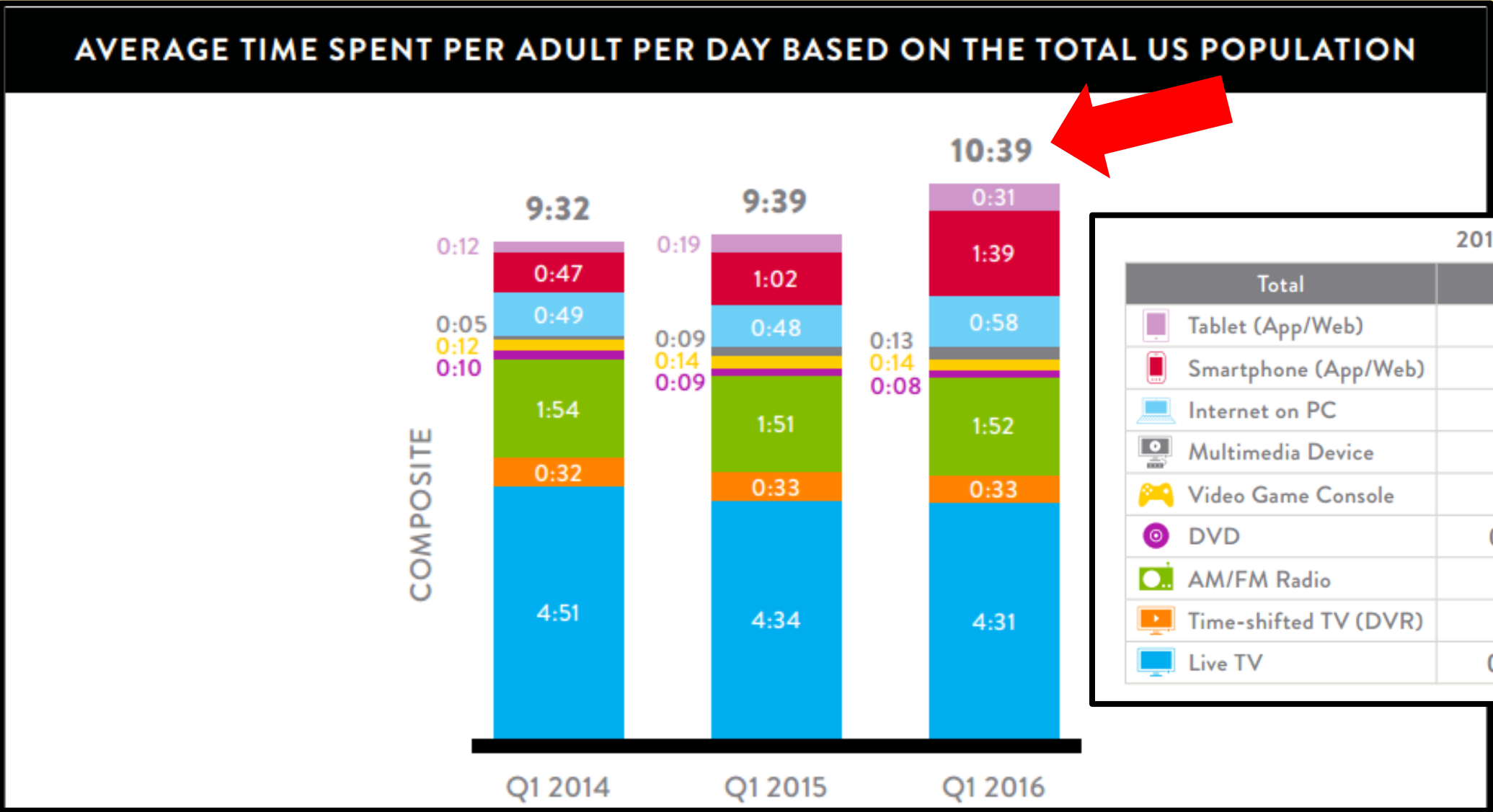
Digital Life 101

*Is this
you?*

How Connected Are We?

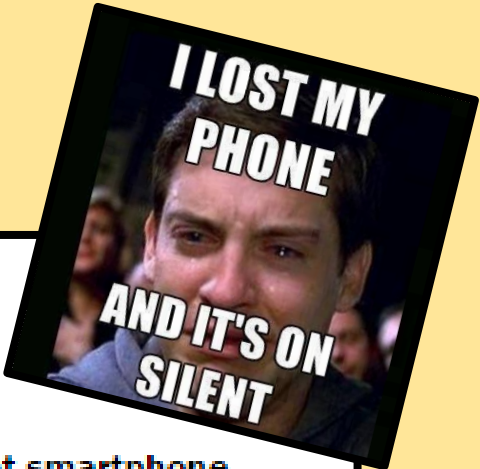


How Connected Are We?



	2015-16 Diff	2015-16 Diff %
Total	1:00	+10%
Tablet (App/Web)	0:12	+63%
Smartphone (App/Web)	0:37	+60%
Internet on PC	0:10	+21%
Multimedia Device	0:04	+44%
Video Game Console	0:00	0%
DVD	(0:01)	-11%
AM/FM Radio	0:01	+1%
Time-shifted TV (DVR)	0:00	0%
Live TV	(0:03)	-1%

How Connected Are We?



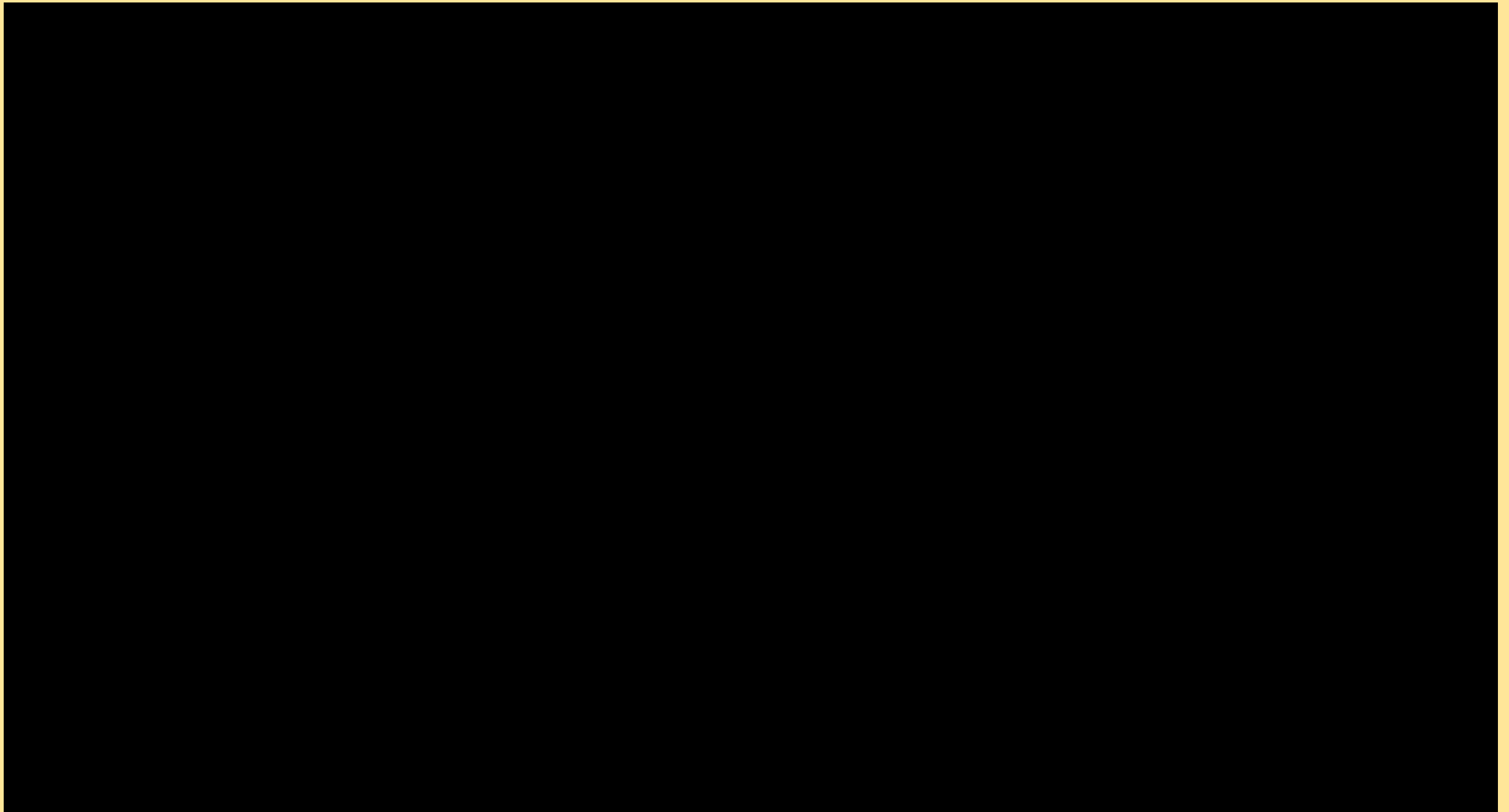
% of U.S. adults who own the following devices

	Any cellphone	Smartphone	Cellphone, but not smartphone
Total	95%	77%	18%
Men	96%	78%	18%
Women	94%	75%	19%
Ages 18-29	100%	92%	8%
30-49	99%	88%	11%
50-64	97%	74%	23%
65+	80%	42%	38%

Tech Dependency: Us vs. Children



Tech Dependency: Us vs. Children



Tech Dependency: Us vs. Children

- What is our self talk?
- How does it influence our parenting?
- Can we embrace it and find balance?



<https://tctechcrunch2011.files.wordpress.com/2015/01/screen-shot-2015-01-19-at-5-59-03-pm.png?w=680>



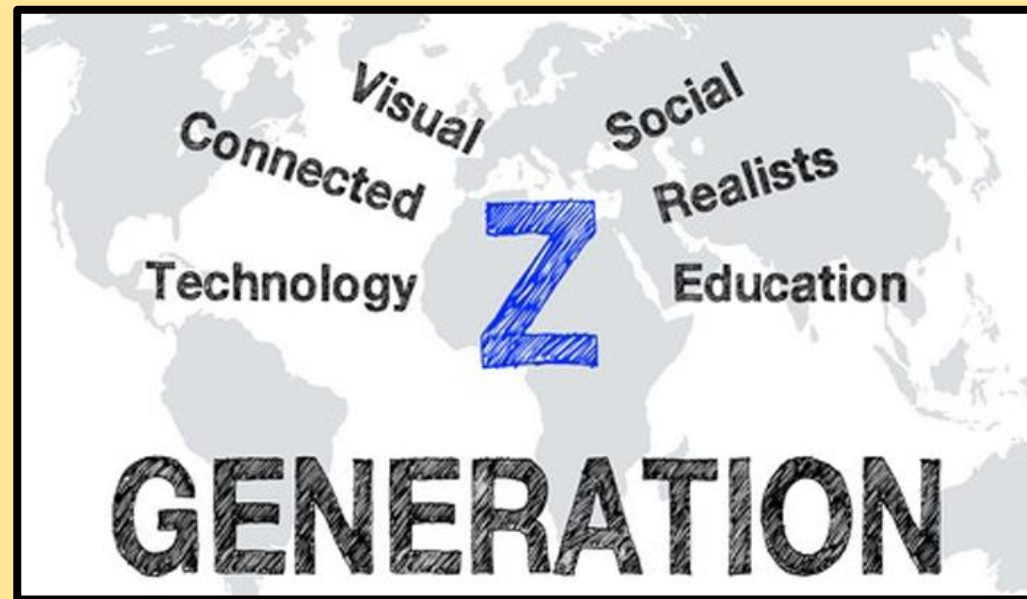
<https://www.dreamstime.com/stock-photo-happy-family-couch-together-using-devices-home-living-room-image51695834>

Generation Z or iGen

- Born 1996 and later
- Who are they projected to be?
- Trends: Diversity, Technology, and Parenting



https://az616578.vo.msecnd.net/files/responsive/cover/main/desktop/2016/08/24/6360764675401409171441350838_Generation%20Z.jpg



<https://emptrack.com/wp-content/uploads/2016/02/generation-z.jpg>

Strengths of Gen Z



<http://us.cdn1.123rf.com/168nwm/aberration/aberration1307/aberration130700081/20999903-little-girl-as-a-businesswoman-in-office.jpg>

- **Entrepreneurs**
- **Better Multi-Taskers**
- **Process Info Faster**
- **Risk Takers**
- **High Expectations**
- **Individuality**
- **Global**
- **Online Friendships**

Reflection Time

- What comforts you about Generation Z?
- What excites you regarding our children's and our own tech dependency?
- Where do you have concerns?



<http://sites.saschina.org/tsessoms/files/2013/12/reflection.jpg>

TESD Digital Citizenship Curriculum



Digital Citizenship Curriculum (16-17)	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th
October/November		Going Places Safely	Talking Safely Online	Follow the Digital Trail	*NEW* Digital Life 101	My Digital Life	The Ups and Downs of Digital Life	Building Community Online
December/January February			Show Respect Online	Screen Out the Mean	Picture Perfect	Which Me Should I Be?	Secret Sharer	Feeling on Display
		Power of Words			Cyber Bullying: Be Upstanding	*NEW* Power of Words	*NEW* Power of Words	
April/May	My Online Community	Things for Sale	You've Won a Prize & Powerful Passwords	Privacy Rules	Whose Is It, Anyway?	Private Today, Public Tomorrow	Digital Footprint	Bystander Revolution

Privacy & Security

Copyright

Internet Safety

Digital Footprint

Self-image & Identity

Relationships & Communication

Cyberbullying

Smart Phones or Tablets:

Family & Child

- Family Decision
- Device Contracts
- Introduce at Young Age
- Allow for Limited Contacts

Cell phone Contract

I understand:

- ☐ that having a cell phone is a privilege, and that if I fail to adhere to this contract, my cell phone privilege may be revoked.
- ☐ that my cell phone may be taken away if I talk back to my parents, if I fail to do my chores, or if I fail to keep my grades up.
- ☐ that I am responsible to know where my phone is located at all times.
- ☐ if I damage my phone – whether intentionally or accidentally, or by my neglect – I am responsible to fix it.

The device:

- ☐ I will charge my phone every night.
- ☐ I will keep track of my phone charger.
- ☐ I will use a screen protector at all times.
- ☐ I will keep a protective case on my phone at all times.

Texting rules:

- ☐ I will not send rude, mean or threatening texts to others.
- ☐ I will not text or place phone calls after ____ p.m.
- ☐ I will not delete any messages or photos without permission.

Photos:

- ☐ I will not send embarrassing photos of my family or friends to others. In addition, I will not use my phone's camera to take embarrassing photos of others.
- ☐ I will keep my private parts private. I will not take photos of any body part that is normally covered by clothing.
- ☐ I will not ask for another person to take photos of their body for me to see.

Other general rules:

- ☐ I will share all passwords and login information with my parent(s), and will notify them of any changes.
- ☐ I will readily hand over my phone at any time for parent(s) to monitor my activity.
- ☐ I will not bring my cell phone to the family dinner table.
- ☐ I will ask permission before downloading apps.
- ☐ I will not go over my plan's monthly limit of minutes or text messages. If this rule is broken, I agree to pay any and all additional charges and understand that I may lose cell phone privileges.
- ☐ I will make sure my phone is turned off when at church, in restaurants, or at other quiet settings.
- ☐ I will obey all cell phone rules imposed by my school, such as turning it off during class or keeping it on vibrate while riding the school bus.
- ☐ I promise I will alert my parents when I receive suspicious or alarming phone calls or text messages from people I don't know.

Signed _____ (son/daughter)

Signed _____ (parents)

<http://themomsmagazine.com/wp-content/uploads/cell-phone-contract-2.jpg>

www.themomsmagazine.com

moms MAGAZINE

Information is Power!

- Investigate and Research Apps



[New Recommendations for Children's Media Use](#)



http://i.telegraph.co.uk/multimedia/archive/02610/Appstore_2610363b.jpg

Probation Periods

Trials



<https://us.123rf.com/450wm/eyematrix/eyematrix1103/eyematrix110300048/8977707-under-review-rubber-stamp.jpg?ver=6>

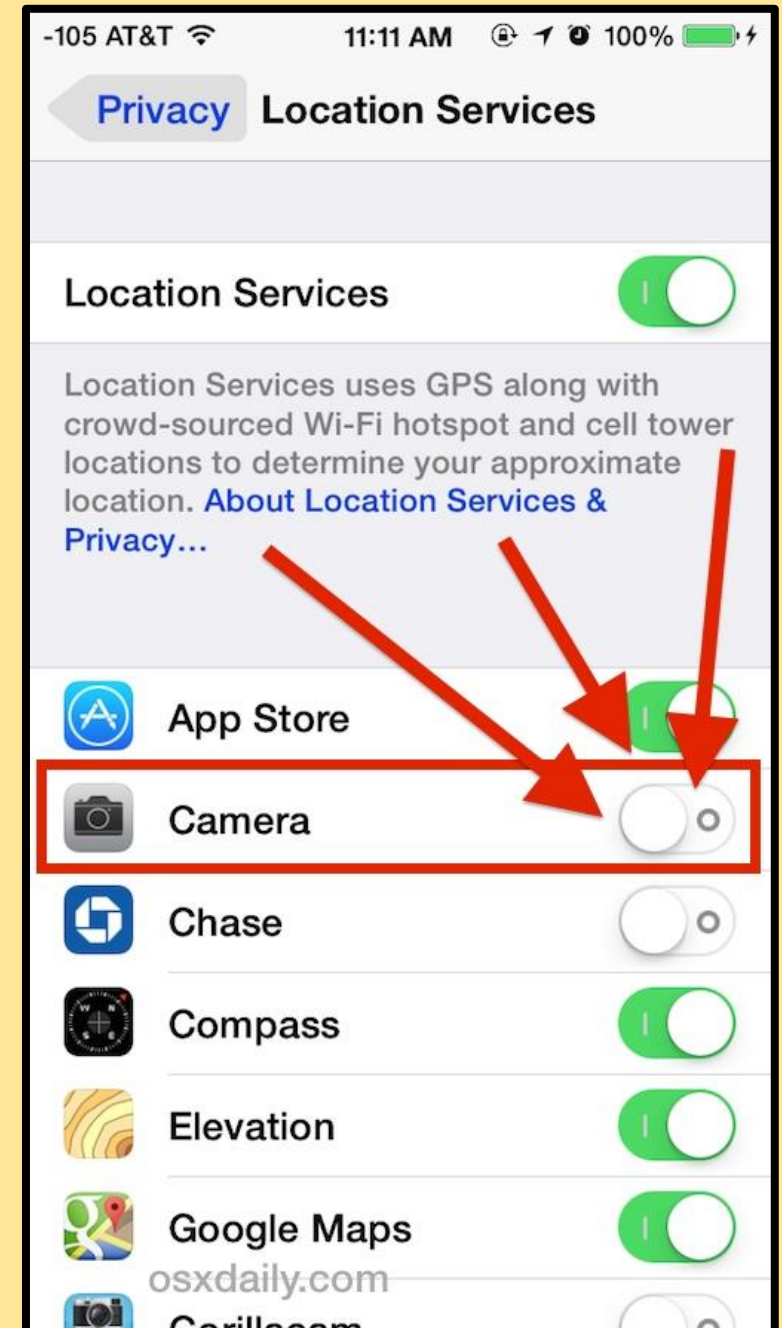


http://cdn.skim.gs/image/upload/c_fill,h_290,w_470/ap/51e09443d4a2501c7e0048dd

No...For Now

Device Awareness

- GPS Tagging



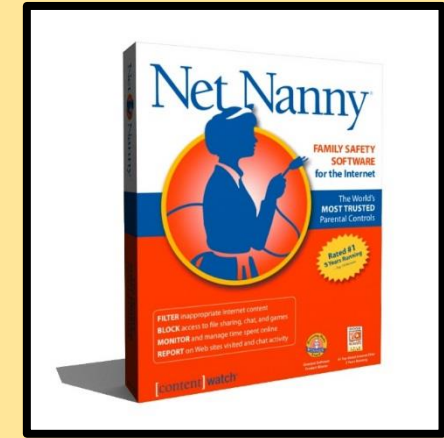
Device Awareness

- Restrictions & Internet Filtering



phonesheriff™
.com

WebWATCHER



TeenSafe®
Protecting Your Most Valuable Treasure

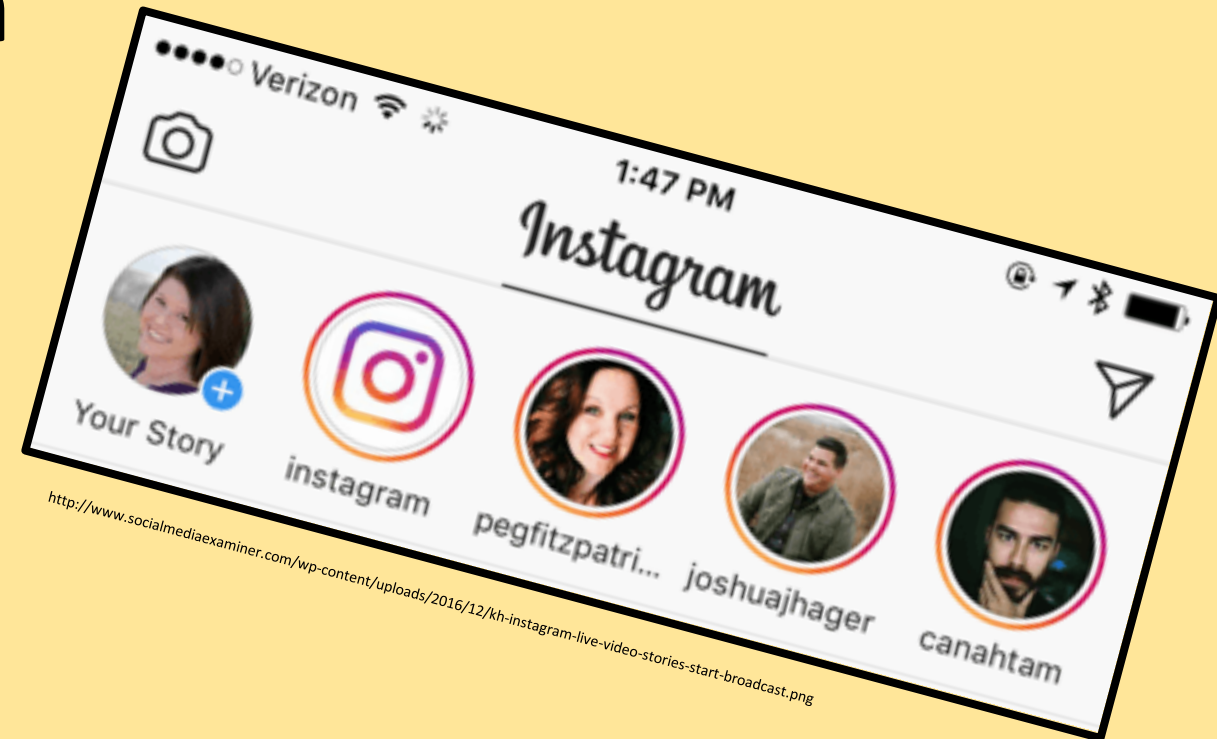


Device Awareness

- Image Misappropriation



<https://i.guim.co.uk/img/static/sys-images/Guardian/Pix/pictures/2009/6/11/1244717485027/Smith-family-in-Czech-bil-001.jpg?w=620&q=55&auto=format&usm=12&fit=max&s=0240962d82b6ae93bcf18ee7b6fc25ab>



<http://www.socialmediaexaminer.com/wp-content/uploads/2016/12/kh-instagram-live-video-stories-start-broadcast.png>

Device Awareness

- **Over Sharing**



Every second 4600
"Snaps" are sent by teens.

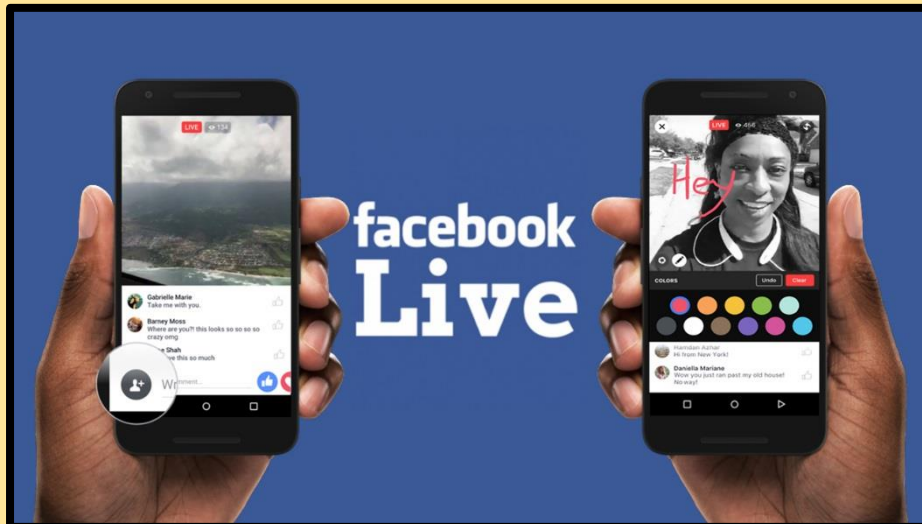
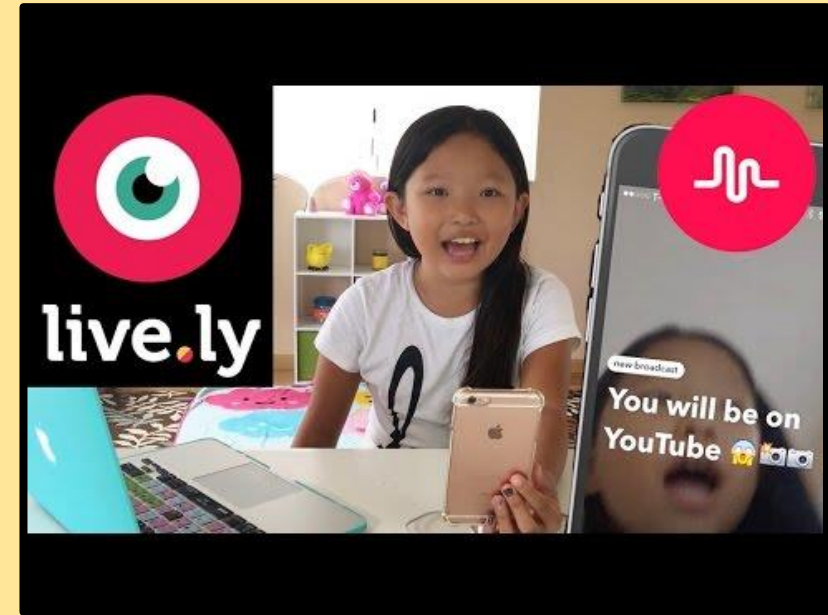
Just how much
is too much?

Every second 5700 "Tweets"
are posted by teens.

<http://www.suescheffblog.com/wp-content/uploads/2014/10/oversharing-social-media2-300x200.png>

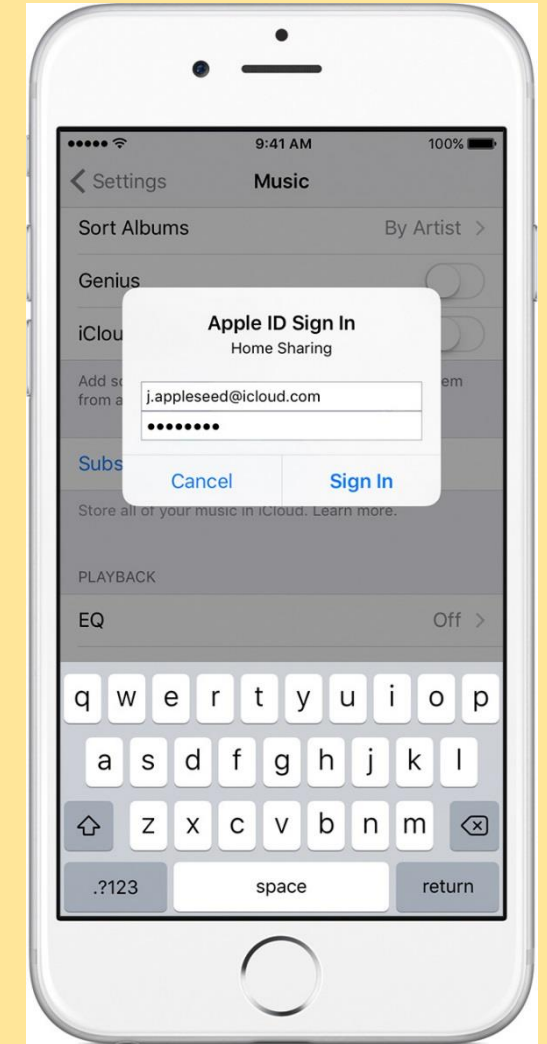
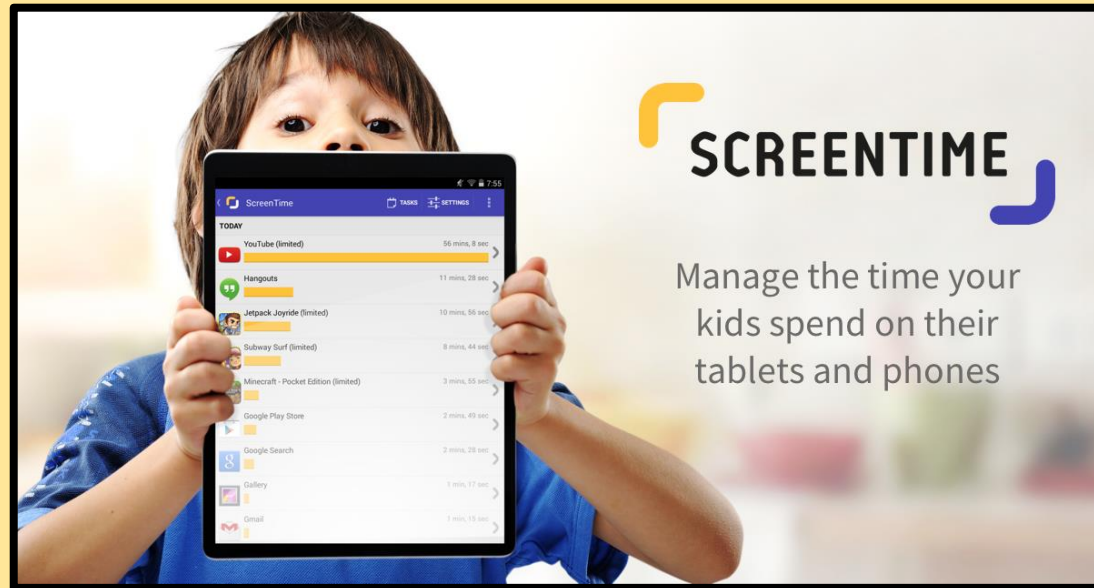
Live Streaming

- What is it?
- Features?
- Where may you find it?



Passwords & Device Control

- Open access?
- Monitor use?



Unplug to Connect!



http://centralcityaustin.com/wp-content/uploads/2015/08/unplug_page_logo.jpg

- **Where do you store devices?**
- **Are phones allowed at the dinner table?**
- **How much screen time is allowed?**
- **Is social media allowed during homework?**
- **How long before bedtime is technology turned off?**
- **How can you control the dopamine effect?**

Red Flags



<http://cdn.images.express.co.uk/img/dynamic/135/590x/secondary/Children-technology-517565.jpg>



<http://www.stgeorgecounselor.com/wp-content/uploads/teen-mom-talking.jpg>

- **Transitions?**
- **Depression**
- **Isolation & Avoidance**
- **Good for MY child?**
- **FOMO & Anxiety**
- **Parent Conversations**

Goals for Parents



<https://sd.keepcalm-o-matic.co.uk/i-w600/keep-calm-we-re-all-in-this-together-7.jpg>



<http://www.acma.gov.au/~media/Images/0601%20jpg.jpg?w=610&h=344&as=1&as=true>

Henry Jenkins

*Parent
Participation
in the Digital
Age*



<https://www.trustwave.com/assets/2007.jpg>

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thank you!

<http://www.opendoorhouston.org/wp-content/uploads/2016/04/thankyou-1024x538.png>